



GUNN'S WEEKLY NEWS UPDATE

January 14, 2018

[Edición española](#)

[中文翻译版](#)

Dear Titan Community,

Happy New Year and welcome back. I hope each of you enjoyed time with friends, family, and activities to make your break all that you hoped. With the second semester underway, please take a moment to read the updates from our guidance and wellness programs.

Alternate Schedule for the Week (all grades)

Please check the [calendar](#) on the school's web page for daily schedules during these days.

Wellness Center Update (all grades)

The Wellness Center team is excited to support students through a successful new semester! Over the next few months we are looking forward to providing several opportunities for students to engage in education around healthy relationships and the opportunity our community has to be positive upstanders in situations involving unwanted sexual behaviors. Stay tuned for more information and opportunities for parent engagement in the coming weeks!

SELF Update (9th grade)

As they socialized and filled each other in about what they did over the break, students in SELF classes this past week were treated to a variety of different mentor-selected cooking experiences. Some classes made mini-donuts from scratch, several cohorts made quesadillas, and some even made spring rolls. Based on feedback from our surveys and focus groups, it was clear that students and mentors alike wanted more opportunities to bond, particularly over food, and so this welcome-back week was devoted to providing an opportunity for just that!

Additionally, students played a team-building game using rubber bands and string (no hands) to build a pyramid of cups, discovering along the way that employing active listening skills, compromise, and awareness of others were integral to the construction of a successful pyramid.

Next week, in most cohorts, mentors will continue the worthwhile practice of checking in with students one-on-one. While the mentor chats with each student individually, other students will play board games together, or watch an SEL related film (and eat popcorn!). A rotation of counselor visits to discuss course selection will begin in the remaining SELF classrooms.

Please note: For semester 2, all freshman now have "appointments" with their mentors pre-scheduled in the FlexTime app (for SELF). No action needs to be taken; students still report to SELF as they normally do.

Sources of Strength Update (all grades)

Student Leaders and Adult Advisors continue to work on their projects for second semester, including the “I Am Stronger” campaign, “A Titan Is” photos and video, and Titan Pride Week, January 29 - February 2, 2018.

The next meeting for Peer Leaders and Adult Advisors is Thursday, January 18 at lunch in N114.

If you are interested in finding out more about Sources of Strength, please visit the national website at www.sourcesofstrength.org or follow the Gunn Sources of Strength Instagram account @gunnsourcesofstrength.

First Semester Grades (all grades)

First semester grades are now available online. A copy of your report card will be mailed home this week.

AP Testing (all grades)

AP Exam registration is now available. Early registration ends February 28 and late registration continues until March 26. You may visit www.TotalRegistration.net/AP/052347 to register for AP Exams. Please see the flyer on the main Gunn web page for more information. For questions, please contact Mr. Jack Ballard (jballard@pausd.org).

College and Career Corner (11th and 12th grade)

Gunn Foundation: Need-Based Scholarships for the Class of 2018

Application deadline: Tuesday, March 6, 2018, presently accepting applications

The Gunn Foundation, launched in 1968, raises funds to provide need-based scholarships to Gunn High School seniors. Last year, we awarded \$78,000 in scholarships to 29 students, many of whom are first-generation college students who have overcome significant personal and financial challenges to pursue further education. Visit us at www.gunnfound.org to find out if your student is eligible for this need-based scholarship or to make a donation in support of our students. Contact Sunita Verma at tedbucklin@gmail.com with questions. The application is available at <http://gunnfound.org/application/>

JUNIORS: Semester two means that those of you who have not yet set your appointment to meet with Mrs. Kirsch should do so. You are part of a large class and we need to have all of you booked in in the next few months. Please look at your new schedule and talk with parents then forward that to ghscollegeandcareercenter@gmail.com. Mala will make phone contact to coordinate calendars and firm up the date and time for this meeting.

Seniors: Your early replies are coming in. Please let Mr. Lang know what the results were by sending a quick [e-mail](#). This gives us a general idea of how things worked out in the early pool.

Save the Date

- Jan 27th: Young Women’s Leadership Summit at Stanford (Oak Lounge, Tressider) from 8:30-3:30. swibsummit2018@gmail.com Sign ups limited.

- Jan 31: Summer Opportunities Night in the library at 7 PM-- there will be grab and go information and a small collection of booths.
- Feb 22: "Out of State Public College Info Night" will be held at Paly at 7 PM in the Media Arts building Atrium. Info on how to save money and why this is a real option.
- Mar 3: GAP Fair in Los Altos 12 to 3 at Los Altos High
- Apr 28: College Fair at the Cow Palace from 1:30-4:30
- May 3: College Fair at West Valley. all day and closes at 8.

Please Support PiE

Thank you to all that have supported Partners in Education (PiE). The donations to PiE continue to support many programs at Gunn, including our guidance department. Your donations have made a difference for all students at Gunn.

Thanks for your support,

Mike Heffner
Assistant Principal
Gunn High School