



	< or = 2 grain items Monday	< or = 3 grain items Tuesday	< or = 2 grain items Wednesday	< or = 3 grain items Thursday	< or = 2 grain items Friday
 DAILY SPECIAL!!	Teriyaki Chicken Bowl <i>Brown Rice</i> <i>Stir Fry Veggies</i>	Pasta Bar Choice of Rotini, Spaghetti, Rainbow Tortellini, sauces, & meats	Sushi Format CA Rolls Or Avocado Rolls	Burrito Bowl Format Rotation of Natural Chicken, Seasoned Beef <i>Black, Pinto or Refried Beans</i> <i>Pico de Gallo</i>	Baked Potato Bar <i>Bacon Bits, Shredded Cheese, Sour Cream</i> Rotates weekly with Favorites Bar Fried Chicken, Corn on the Cob
 NEW ORGANIC ENTREES	SOUL's Chicken Tikka Masala Wrap (N/O) Land O'Lakes Macaroni & Cheese (V)	Amy's Bean & Cheese Burrito (O/V)	Roasted Chicken with Mashed Potatoes	Chicken Potstickers (N/O) Garden Vegetable Lasagna (O/V)	Thai Garlic Chicken with Brown Rice (N/H)
	Turkey Burger Cheeseburger Spicy Chicken Spicy Black Bean Burger (V) <i>Curly Fries</i>	Pulled Barbeque Turkey Sandwich Hamburger Spicy Chicken Grilled Cheese <i>Straight Cut Fries</i>	Cheeseburger Spicy Chicken Spicy Black Bean Burger (V) <i>Sweet Potato Fries</i>	BBQ Turkey Burger Chicken Sandwich Hamburger Spicy Chicken <i>Tater Tots</i>	Chicken Sandwich Cheeseburger Spicy Chicken Spicy Black Bean Burger (V) <i>Sweet Potato Fries</i>
 8 CUT	Pepperoni Calzone (N/O) Cheese Pizza <i>Caesar Salad</i>	Pepperoni Pizza Cheese Pizza <i>Garden Salad</i>	Pepperoni Calzone (N/O) Cheese Pizza <i>Caesar Salad</i>	Pepperoni Pizza Cheese Pizza <i>Garden Salad</i>	Pepperoni Calzone (N/O) Cheese Pizza <i>Caesar Salad</i>
 PANNINI GRILL	DAILY SPECIAL-GRILLED LOCAL VEGETABLES	DAILY SPECIAL-GRILLED LOCAL VEGETABLES	DAILY SPECIAL-GRILLED LOCAL VEGETABLES	DAILY SPECIAL-GRILLED LOCAL VEGETABLES	DAILY SPECIAL-GRILLED LOCAL VEGETABLES
 Build To Order Deli Sandwiches 2M/MA & 2 Grain & Fruit serving Dinner Roll offered with Salads	Ham/Turkey/ Roast Beef American Combo Buffalo Chicken Salad Sandwich	Ham/Turkey/ Roast Beef American Combo Asian Chicken Salad	Ham/Turkey/ Roast Beef American Combo Buffalo Chicken Salad Sandwich	Ham/Turkey/ Roast Beef American Combo Chicken Caesar Salad Wrap	Ham/Turkey/ Roast Beef American Combo Buffalo Chicken Salad Sandwich
 2M/MA & 2 Grain & Fruit serving Dinner Roll offered with Salads	Chicken Caesar Salad & Roll Buffalo Chicken Salad Sandwich	Chef Salad & Roll Italian Wrap	Chicken Caesar Salad & Roll Buffalo Chicken Salad Sandwich	Chef Salad & Roll Baja Turkey Wrap	Chicken Caesar Salad & Roll Buffalo Chicken Salad Sandwich
 Build to Order Salad Bar	ENTRÉE SALAD BAR SOUP BAR- Chicken Noodle	ENTRÉE SALAD BAR SOUP BAR- Tomato Basil	ENTRÉE SALAD BAR SOUP BAR- Broccoli Cheddar	ENTRÉE SALAD BAR SOUP BAR- Mexicali Tortilla	ENTRÉE SALAD BAR SOUP BAR- New England Clam Chowder

