

**WELCOME  
CLASS OF  
2017  
PARENTS!**



# Gunn Counseling Team

Tara Keith - AP, Student Services

Robin Francesconi -Guidance Tech

Challis Michael - Lead Counselor

Goldie Chan

Jonathan Fidani

Shannon Flaskerud

Derek Johanson

David Leftwich

Joel Reid

Cora Ross

# Counseling Staff

## College and Career Center

Leighton Lang (College and Career Information Specialist)

Linda Kirsch (College/Career Counselor)

Myesha Compton (Outreach Counselor)

# Important Senior Dates

- May 23rd: Yearbook Distribution
- May 24th: Senior Awards Night
- May 26th: Last day of Senior finals
- May 28th: Baccalaureate (2pm - 4pm)
- May 31st: Graduation

# New Wellness Center

**The New Gunn Wellness Center is now OPEN!**

Located across the BatCave from the main office. A confidential space where students can discuss a variety of issues from depression, grief, self-esteem, family life and stress to dating violence, sexual identity and health needs.

Students can also use this space to decompress. It's a device free zone!

# Gunn Wellness Programs

- Living Skills
- Sources of Strength
- ROCK
- Yoga (during flex and after school)
- YES!
- Camp Unity
- TitanConnect
- ACS/Community Partners

# Graduation Requirements

## GRADUATION REQUIREMENTS

Students are required to have 220 semester credits for graduation. Ten credits are granted for successfully completing a course that meets each day for a school year; five credits are granted for a semester course.

Subject Requirements (A-G)	PAUSD Graduation Requirements	University of California (UC)/ Cal State University (CSU)
Social Studies (A)	<ul style="list-style-type: none"> <li>World History (10)</li> <li>US Government (5)</li> <li>Contemporary World History (5)</li> <li>US History (10)</li> <li>Economics (5)</li> <li>Social Studies Elective (5)</li> </ul> 40 Credits	<ul style="list-style-type: none"> <li>World History (10)</li> <li>US History (10)</li> </ul> 20 Credits
English (B)	40 Credits	40 Credits
Math (C)	<ul style="list-style-type: none"> <li>Algebra</li> <li>Geometry</li> <li>Algebra 2 (class of 2018)</li> </ul> 30 Credits	<ul style="list-style-type: none"> <li>Through Algebra 2</li> </ul> 30 credits (40 credits recommended)
Science (D)	<ul style="list-style-type: none"> <li>Biology (10)</li> <li>Physical Science (10)</li> </ul> 20 Credits	<ul style="list-style-type: none"> <li>Lab Science (Physical and Life Science)</li> </ul> 20 credits (30 credits recommended)
World Language (E)	<ul style="list-style-type: none"> <li>Two years in the same language</li> </ul> 20 credits	<ul style="list-style-type: none"> <li>Two years in the same language</li> </ul> 20 credits (30 credits recommended)
Visual/Performing Arts (F)	<ul style="list-style-type: none"> <li>Same field</li> </ul> 10 credits	<ul style="list-style-type: none"> <li>Same field</li> </ul> 10 credits
Electives (G)	25 credits	<ul style="list-style-type: none"> <li>College prep electives</li> </ul> 10 credits
Physical Education	20 credits	0 credits required
Career Technical Ed. (CTE)	10 credits	0 credits required
Living Skills	5 credits	0 credits required
<b>TOTAL</b>	<b>220 CREDITS</b>	<b>N/A</b>

### 2016-2017 Approved A-G Courses for University of California and California State University

For a live list of approved courses: <https://hs-articulation.ucop.edu>

### 2016-2017 NCAA Approved Courses

For a list of NCAA approved courses, please visit the NCAA Eligibility Center at: <https://web1.ncaa.org/hsportal/exec/hsAction>  
The NCAA High School Code and the CEEB code are both 052347. You can use either box to find Gunn High School.

# Senior Conference



# Senior Counselor Conference

## Purpose:

- Student's Current Status/Goals
  - Transcript check (Graduation and Post-Secondary Requirements)
- Discuss Post Secondary Plans/Needs
  - Review college/vocational choices
  - College List
  - Application Process (Common App, UC App, CSUmentor, CC)
    - College Essays / Personal Statement
    - Teacher recommendation process

# Senior Counselor Conferences

## How students prepare for the meeting:

- Bring copies of any **SAT** and/or **ACT** test scores
- Bring tentative list of college/career choices that student has researched
- Visit Gunn Web Page and Review the SENIOR FORMS
- Complete the “Gunn Guidance Recommendation Request Form”

There is a section for parents to complete.

# **College Admissions**

# College Admissions: *Entrance Testing*

- Most 4-year colleges require standardized testing as a part of their admission standards. These exams typically include the **SAT I**, **ACT**, or **SAT II: Subject Test(s)**.
- In most cases, testing must be completed no later than December to be considered for the upcoming regular admissions cycle. *Early applications may require testing to be completed prior to December test date.*
- Must check with individual colleges for testing requirements/deadlines.

# College Admissions: *Entrance Testing*

- When registering for all tests, use the GUNN school code: **052-347**



- *ACT Registration completed online at [www.actstudent.org](http://www.actstudent.org).*



- *SAT and SAT Subject Test Registration completed online at [www.collegeboard.com](http://www.collegeboard.com)*

# College Admissions: *Entrance Testing*

## Fall **SAT** Test Dates

- October 1<sup>th</sup>
- November 5<sup>th</sup>
- December 3<sup>th</sup>

## Fall **ACT** Test Dates

- October 22<sup>th</sup>
- December 10<sup>th</sup>

# College Admissions:

## *Teacher Recommendations*

- Some private colleges require academic recommendations (usually 1-2).
- Your student should **politely** request a letter of recommendation from a teacher.
- Teachers may ask your student to fill out a form or provide a resume.
- **Provide a deadline at least** one month before the application due date is expected.
- If the teacher agrees to write, please remember to initiate the process through Common App.

# College Admissions:

## *Types of Applications*

**Regular Decision:** student submits an application by institutions' specified date and receives a decision typically early spring.

**Early Action (EA or REA):** students apply early to an institution of preference to receive a decision in advance of the regular response date. Students admitted under EA or REA are not obligated to accept offer of admission.

**Early Decision (ED):** students make a commitment to a first choice institution, where, if admitted, they definitely will enroll. When applying ED, students may apply to other institutions, but may only have one ED application pending.

**Rolling admission:** institution reviews applications as they are completed and renders admissions decisions to students throughout the application cycle.



# **The College List**

# The College List: Balance, balance, balance

- The college list should include at least 2-3 **difficult** schools, a majority of **reasonable** schools, and *at least 2-3 likely* schools.
- No school should be on the college list that your student would not be happy attending.



**Difficult Schools**



**Reasonable Schools**



**Likely Schools**

# The College List: Still need help deciding?

## We have a workshop for your student!

- **What?** Building your College List
- **Where?** C&CC
- **When?** Thurs. Sept 22nd 2:45-3:35 (Tutorial)  
Wed. Oct 19th Flex Sessions 1 & 2

# The College List: Using *Family Connection/* *Naviance Website*

- College Searches
- Prospective Colleges, Resume, and Career Inventory
- Fill out the Recommendation Request form
- Track application deadlines
- Scholarships and Summer Opportunities
- College Rep Visits and News

The screenshot shows the 'family connection' website. At the top, there is a navigation bar with 'colleges', 'careers', and 'about me' tabs. Below this, there is a 'what's new' section with three announcements: 'University of British Columbia will be visiting your school on Saturday, September 8th at 10:48 am', 'Duke University will be visiting your school on Friday, September 7th at 11:54 am', and 'College of Charleston will be visiting your school on Thursday, September 6th at 9:35 am'. To the right of the 'what's new' section, there is a notification box that says 'You have 6 new messages' and 'document library'. Below the 'what's new' section, there is a 'Welcome to Naviance' message. At the bottom, there is a red banner with the text 'Welcome to Naviance' and a link to 'What is Family Connection? Learn more...'. Below this, there is a paragraph of text: 'Family Connection from Naviance Inc. is designed to help students make decisions about courses, colleges, and careers. Family Connection allows students get involved in the planning and advising process. In this site, students can build resumes, complete on-line surveys, and manage timelines and deadlines for making decisions about colleges and careers. It is a powerful tool for students to research for colleges, scholarship and financial aids. Students can compare CPA, standardized test scores, and other statistics to actual historical data from Gunn for

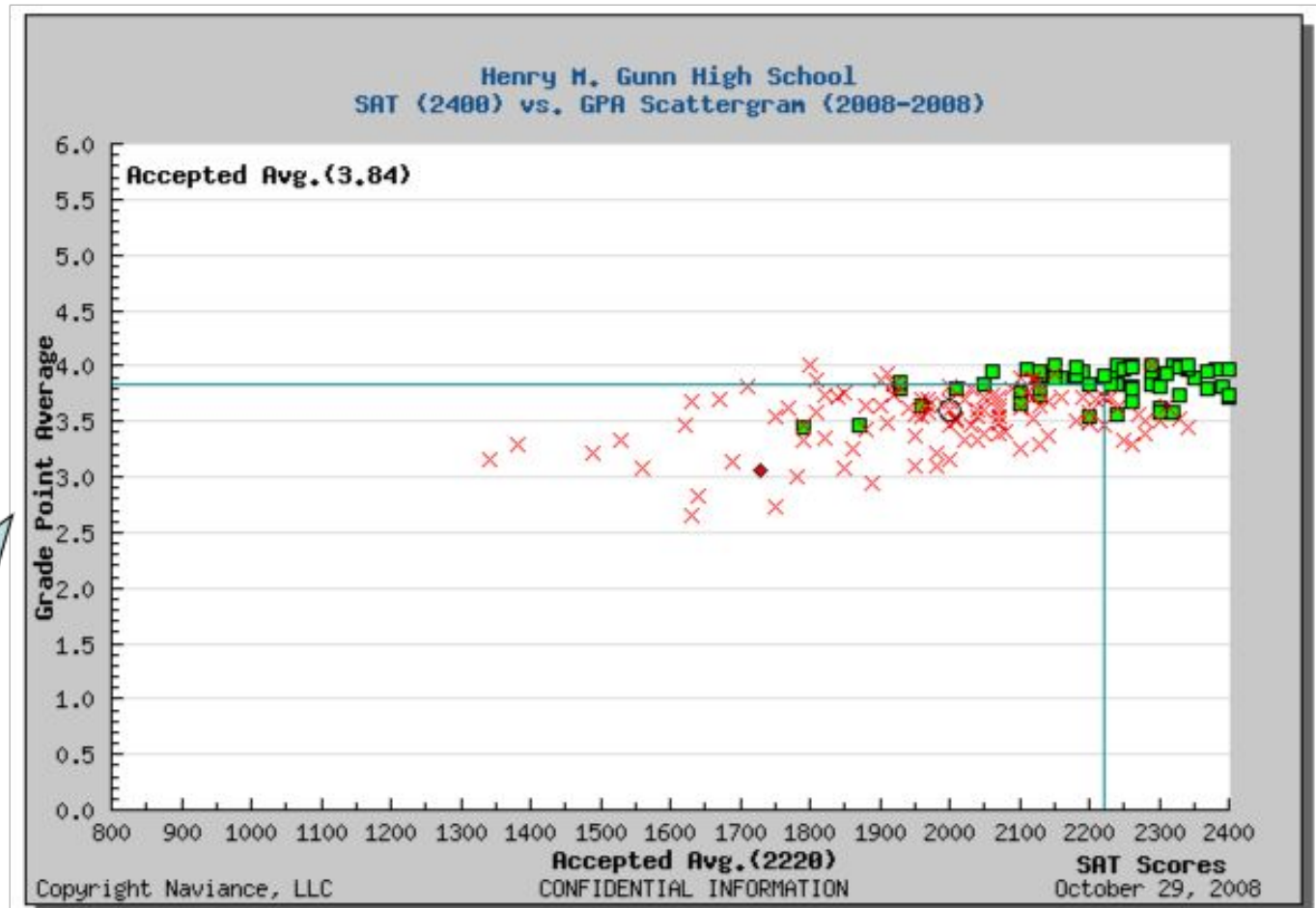
# Family Connection/ Naviance Website

## Historical Data from Gunn Graduates

Historical Statistics ( 0000 - 2009 )										
Applied	Accepted	Accepted %	Avg. SAT 1600	Min. SAT 1600	Avg. SAT 2400	Min. SAT 2400	Avg. ACT	Min. ACT	Avg. GPA	Min. GPA
555	198	36%	1475	1220	2191	1730	-	-	3.84	3.31

## Scattergram

Naviance is a college application management tool that assists students and families with the college planning process. It shows you college admission data based on previous Gunn students' GPA and SAT scores.



# **The College Application Checklist**

For students applying to private colleges or others that require transcript/letter of recommendation from counselor.

# The College Checklist: Overview

Name \_\_\_\_\_ Counselor \_\_\_\_\_

## COLLEGE APPLICATION CHECKLIST

Check each box as you complete the related task

- Recommendation Request Form** – Complete this on [Naviance](#). – Left side of the “About Me” Page  
Questions about [Naviance](#) can be directed to Mr. Leighton Lang at [llang@pausd.org](mailto:llang@pausd.org)

UC/CSU – UCs and CSU’s **DO NOT** require a counselor recommendation or a School Report to be sent at this time. If you have completed the Recommendation Request Form and are **ONLY** applying to UC/CSUs, sign below and turn this checklist in to your counselor

I am only applying to UCs & CSUs - \_\_\_\_\_ (Student Signature)

For all e-applications that require a Counselor Recommendation and/or a School Report (i.e. Common App, Send Edu, Coalition, etc.), complete the following steps:

- Print Your College List** – On [Naviance](#), go to “College” tab, and then:  
1. Click the “Colleges I’m Thinking About” tab  
2. Edit/Enter all colleges you’re thinking about applying to (this is not an official list)  
3. Print this list out – use this to complete the next step
- HIGHLIGHT** your first Non-UC/CSU application deadline (Note: your counselor will be submitting all of your required forms according to your earliest deadline).
- HIGHLIGHT** any school on your list that exclusively uses an electronic application system other than Common App (i.e. [UTexas](#), [UFlorida](#), [UIllinois](#), [UColorado](#), [GeorgetownU](#), et al...)
- Create an account with Common App or the school’s online system  
**USE COMMON APP FOR SCHOOLS THAT USE BOTH COALITION AND COMMON APP**
- Waive your FERPA Rights
- Invite your counselor to be your recommender
- TRANSCRIPTS** – If you need a transcript sent to a college that is not on the Common App, you will request it at [www.parchment.com](http://www.parchment.com). For Parchment instructions go to the Gunn Webpage, click on “Academics”, then “Counseling”, then on the “Transcripts” link.  
**Remember: UCs/CSUs do NOT require a transcript at this time**

Turn in this checklist with your [Naviance College List](#) stapled to the top to the registrar, Ms. Douglas, by the below due date that corresponds with your first application deadline.

She will accept this packet from Lunch – 4 PM only.

First application due to college:	Checklist due to registrar by:	Date received by Registrar
October 15-31	September 12	
November 1-14	September 23	
November 15-December 1	October 14	
December 2-January 14	October 28	
January 15 - February 15	November 18	
February 16 or later	January 13	

Upon Completion, Sign Here:

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Date



**Turn in this checklist with your Naviance College List stapled to the top to the registrar, Ms. Douglas, by the below due date that corresponds with your first application deadline.**

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November 1-14	September 23	
November 15-December 1	October 14	
December 2-January 14	October 28	
January 15 - February 15	November 18	
February 16 or later	January 13	



# The College Application Checklist:

## *Reminders!*

- If your student is **only** applying to UC / CSUs:

They **do not** need to complete the entire College Application Checklist. Your student just signs at the top of the form and turns it in to the registrar.

- If your student is applying to UC / CSU's **AND** private colleges/universities:

They **do** need to complete the entire College Application Checklist.

- *Official transcripts* are processed through **PARCHMENT-** Go to [www.parchment.com](http://www.parchment.com) to register and send transcripts to colleges.



# Additional Resources

# Additional Resources: College and Career Center

## **College Rep Visits**

- View and sign up on your Naviance/Family Connection account
- Sign up required at least 24 hours prior to visit
- Limit of 10 visits per year

## **College And Career Day: October 19th**

## **College Fair @ Henry M Gunn High School Gym (October 10 , 6:30pm-8:30pm)**

- Reps from over 90 colleges
- Check out the C&CC website to prepare

# Additional Resources: Senior Workshop Series

- **UC Application**, Oct. 19th (Session 1&2), Nov. 8th (Flex 1&2)
- **CSU Application**, Oct. 19th (Session 1&2), Nov. 8th (Flex 1&2)
- **Common Application**, Oct. 19th (Session 1&2), Nov. 10th (Flex 1&2)

# Stay informed

- Visit Gunn Counseling website regularly. It is updated weekly. [gunn.pausd.org/guidance](http://gunn.pausd.org/guidance)
- View Weekly Counseling Updates. Emailed weekly from AP of Counseling.
- Sign up for Gunn Connection [gunn.paloaltopta.org/connection/gunnconnection](http://gunn.paloaltopta.org/connection/gunnconnection)
- Follow us on Twitter @gunncounseling



## The Gunn Connection

The Gunn Connection is a twice weekly subscription email service that provides timely announcements, reminders and school news.

### Subscribe, Confirm, or Manage your Subscription

Enter your email address, select "GO" and follow instructions:

Subscribe to  
the Gunn  
Connection

### To unsubscribe from the Gunn Connection

Just click on the SafeUnsubscribe link at the bottom of any Gunn Connection email message you receive or type your email above, click "GO" and follow instructions.

### To Contact the Gunn Connection administrators:

Gunn Connection Editors: [gunnconnection@paloaltopta.org](mailto:gunnconnection@paloaltopta.org)

Gunn List Manager: [gunn-lists-admin@paloaltopta.org](mailto:gunn-lists-admin@paloaltopta.org)

Henry M. Gunn High School  
780 Alessandro Rd Palo Alto, CA 94306  
650-354-4200

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Home » Academics

## Guidance

The Gunn High School Guidance Department provides students with support as they transition to high school, progress through the academic program at Gunn, navigate the college search and admissions process and encounter social-emotional issues.

For information on programs and resources please click on the links at left. To contact your guidance counselor send an e-mail to the address listed on the "Guidance Counselors" link.

For general information about Gunn Guidance, or if you do not know who to contact, e-mail Robin Francesconi, [rfrancesconi@pausd.org](mailto:rfrancesconi@pausd.org).

All Guidance programs are overseen by Tom Jacobowksy, the Assistant Principal for Guidance. You may e-mail him at [tjacobowksy@pausd.org](mailto:tjacobowksy@pausd.org).

[Click Here to Download the Gunn Guidance Brochure](#)  
[New! Guidance Department First Quarter Newsletter](#)

### GUIDANCE CALENDAR

**Gunn Guidance**

Today | < | > | Thursday, 9/27

**Thursday, September 27**

- Senior Conferences
- 2:37pm Professional D
- 6:30pm 9th Grade Pa
- 7:45pm 12th Grade Pa

**Friday, September 28**

- Senior Conferences

**Monday, October 1**

- 10th Grade College & Ca
- Senior Conferences
- 8:45am Guidance Dep.

**Tuesday, October 2**

- 10th Grade College & Ca
- Senior Conferences

**Wednesday, October 3**

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**@GunnCounseling**