



## GUNN'S WEEKLY NEWS UPDATE

May 13, 2018

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**Dear Titan Community,**

Please take the time to read this week's Guidance and Wellness updates.

### **Wellness Center Updates** (All grades)

Come learn more about survey results from the California Healthy Kids Survey (CHKS) that Gunn students took this October. A Data Dive on the results will be held in the Staff Lounge on Thursday, May 17th from 2:00-3:30 pm in the Staff Lounge. The survey results are also available on the [Wellness Home page](#).

### **SELF Update** (9th grade)

For the last SELF session of the year, students and mentors will be engaging in a variety of celebratory, community building activities. It's been a busy year: students have discussed topics ranging from the use of digital media to developing curiosity and grit to learning how to connect more with their teachers. We look forward to reviewing and publishing the data gleaned from our various feedback gathering activities in the past few weeks, including surveys and focus groups for 9th grade students, focus groups with the 10th-12th grade student advisory group, a focus group with Titan Ambassadors, and surveys and focus groups with mentors. Once all the feedback has been collated and analyzed, we will continue to reshape the program to best fit the needs of the community as the program expands to both the 9th and 10th grades for 2018-2019.

### **Sources of Strength Update** (All grades)

Sources of Strength hosted a Wellness Walk on Friday in the amphitheater. Participants did laps around the amphitheater space, participated in a yoga session, checked out the Wellness resources available and enjoyed a variety of raffle prizes.

The next Sources of Strength meeting will be during lunch on May 22 and will be a celebration of our projects this year.

ROCK is hosting a Mobile Barnyard on May 18 during G period -- they will have mini-donkeys, alpacas, sheep, doves, and more. They are also continuing their "I'll Be There For You When . . ." campaign around campus. Look for them wearing their new ROCK sweatshirts. The new leadership team has been selected for 2018-2019, including co-presidents Gaya Gupta and Meghna Singh.

### **AP Testing (all grades)**

AP Testing continues this week. This time of year may add additional stress to already full schedules. Be sure to care of yourself during this time, whether it means additional sleep, eating a good breakfast or engaging in activities that you enjoy daily. It is important to take time each day to reset and unwind. Parents, if you notice your student is under more stress than is manageable, please reach out to your students' counselor or the Wellness Center.

### **Graduation 2018**

With graduation quickly approaching, I am also sharing a [link](#) to our senior class activities page. This website is updated by our Student Activities Office and will have all relevant information for seniors and their families.

### **College and Career Corner (11th and 12th grade)**

Seniors: Please add your data for where you applied and what the outcome was as this helps next year's seniors make decisions on appropriate places to apply to --or not! --Mr Lang has been sending out call slip reminders to those of you who have not done this yet.

Parents with a question about college (any grade level) this is a good time to make a mini appt with Mrs. Kirsch and get those questions answered.

We have been funded to host a *Colleges That Change Lives* next OCT--thank you PTSA!

Expect more exciting and informative parent education nights next year as PTSA has some good plans for making that happen.

Finally, our guidance team members have the opportunity to meet with a variety of colleges this time of year where they share info with us so expect to see days when many of us will be attending these events.

### Save the Date

- May 18: **Advanced Academic Research (AAR) Celebratory Showcase** at Paly's Media Arts Center 6-7:30 To RSVP, please email [aar@pausd.org](mailto:aar@pausd.org)
- May 25: **Unpacking the Culture of Success: Flourishing in an Age of Anxiety** Featuring Dr. Jaimie O'Keeffe. Performing Arts Center at Palo Alto High, use [Eventbrite](#) to get your ticket.

## **Summer School** (All grades)

The summer school website: <https://www.pausd.org/programs/summer-school>

Counselors will continue to enroll students for summer school classes that are “credit recovery.”

For student registration of classes, registration went live on March 7th at 8 AM.

Self-registration is only applicable for the following courses:

1. Living Skills (priority to rising 11th and 12th grade students)
2. Economics
3. Work/Exploratory Experience
4. Bridge to Geometry A (rising 9th graders)
5. Geometry A (rising 10th graders)
6. Transition to Calculus

To register for these classes on the summer school website the following information is required:

1. Student's Infinite Campus ID Number
2. Student's email address
3. Parent email address
4. Phone number

If you are planning to take a class for credit off campus, be sure to discuss this with your guidance counselor.

## **Kindness to our neighbors**

While we are aware of the changes in parking due to construction, please remember our neighbors on the streets surrounding Gunn. We have received many reports of blocked driveways, increased congestion due to student drop off and pick up and dangerous driving. We understand the impact our construction has had on everyone, but please remember to drop off and pick up on campus and if you must park on a neighboring street, please obey all traffic laws.

## **Please Support PiE**

Thank you to all that have supported Partners in Education (PiE). The donations to PiE continue to support many programs at Gunn, including our guidance department. Your donations have made a difference for all students at Gunn.

Thanks for your support!

Thank you for your engagement,

Mike Heffner  
Assistant Principal

